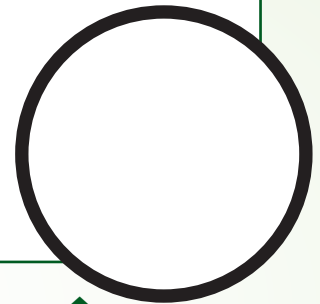
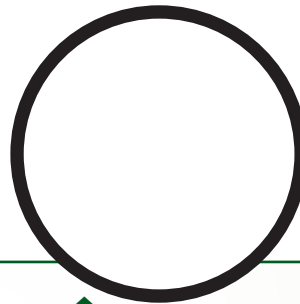
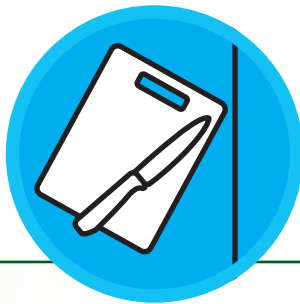
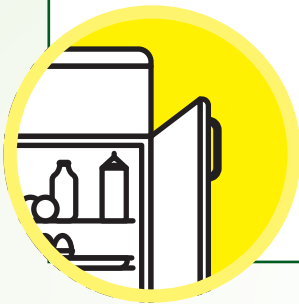
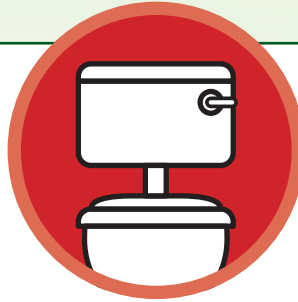


We're going on a germ hunt!

A fun game to learn about the germ 'hotspots' in your home - see reverse for how to play

Places we might find germs



You can add germ hotspots of your own to the blank circles. Maybe a potty, a highchair or a pet's bed or litter tray? Your child may have some ideas too.

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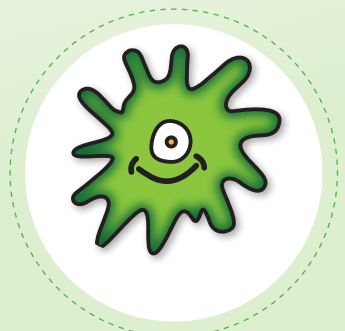
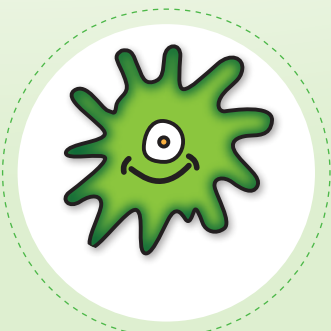
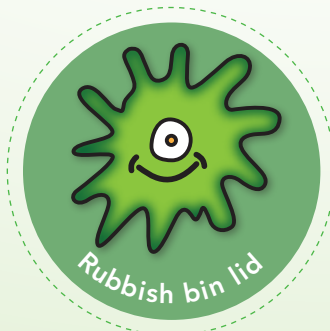


Cut across here



Cut out these germs and stick them to the germ hotspots around your home, ready for your child to hunt around and find them.

(Please ensure you keep scissors out of children's reach.)



We're going on a germ hunt!

Notes for parents/carers

This is a fun, easy game to play with your little one (all you need is scissors and sticky tack). It will help them understand where the germ 'hotspots' are in your home, and how good hand hygiene can help to stop germs spreading.

How to play

- 1. Prepare to play.** Make sure you have cleaned and disinfected all the germ hotspots in the game immediately before you play.
- 2. Hide the germs.** Cut out the germs on the reverse of this sheet and stick them to the germ hotspots around your home.
- 3. Talk to your child about germs.** Keep it simple, for example:
 - Germs are tiny living things. You can't see them or smell them.
 - Some germs can make us poorly, so we need to clean them away.
 - Germs can be found in lots of places (use the pictures overleaf as a prompt).

4. Hunt the germs. Explain you're going to look for some pretend germs that your child will be able to see. They're hidden where real germs can often be found.

If your child is familiar with the story *We're Going on a Bear Hunt*, you could adapt the words: 'We're going on a germ hunt, We're going to find a tiny one, Let's wash it away! We're not scared.'

While searching for germs, you might like to use clues, like 'You're getting warmer!' when they get close. Congratulate them when they find a germ.

5. Match the germs to the hotspots.

Unstick the germ from its hiding place and help your child to stick it onto the matching hotspot on the other side of this sheet.

6. Wash the germs away. It's important to wash your hands after touching any hotspot, so finish the game by washing your hands together.

Targeted hygiene is an easy way to stop germs spreading. You can help protect your family by:

- using a disinfectant or antibacterial cleanser regularly on household surfaces that hands often touch
- ensuring surfaces are hygienically clean before any raw food touches them and after touching raw food
- encouraging and practising good hand washing.



Use biocides safely. Always read the label and product information before use. Keep cleaning and disinfectant products out of reach of children.

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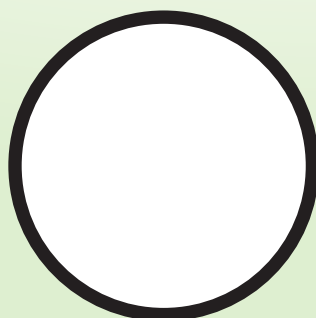
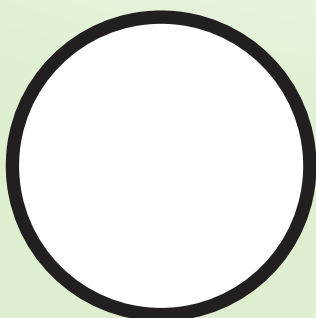


Frequently touched surfaces, such as knobs and handles on taps, need disinfecting regularly

People tend to flush the toilet before washing their hands, so disinfect the flush handle regularly

Clean and disinfect your kitchen bin regularly

Here are some hygiene tips for you to consider while you prepare to play the game



Clean and disinfect worktops and chopping boards immediately before and after cooking to stop germs spreading

Help stop germs spreading by cleaning and disinfecting fridge door handles regularly